

Housework Cleaning Schedule

Everyday

- Make the Beds (throw the duvet back for 15 mins to air them first)
- Spray the shower glass and wipe down bathroom sink
- Unload Dishwasher / put dishes away
- Quick declutter (put toys away, put magazines in rack, tidy papers)
- Put clothes away or in laundry basket
- Wash Dishes / load Dishwasher
- Wipe down kitchen surfaces, sink and table
- Sweep and mop Kitchen Floor (end of day)

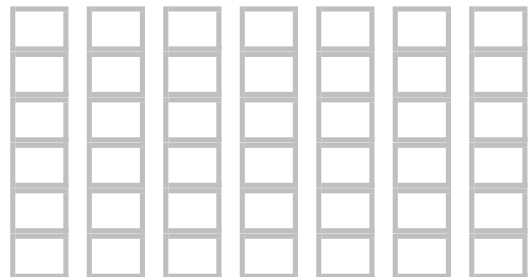


Weekly (you may want to do some tasks more than once a week)



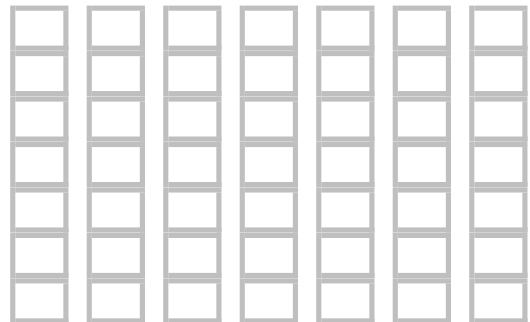
Bathrooms

- Clean Toilet
- Clean sink and bath / shower and taps
- Clean floor
- Wash bath mats and change towels
- Empty bins
- Clean mirrors



Kitchen / Utility Room

- Laundry
- Clean hob and wipe down oven inside and out
- Wipe down small appliances / descale kettle
- Wipe down cupboard doors
- Wipe inside and outside of microwave
- Wipe inside and outside of fridge (check for out of date items)
- Take rubbish out



Living Room / Dining Room

- Vacuum / clean floors (hoover under sofas and chairs)
- Dust and polish all surfaces



Bedrooms

- Dust and polish
- Change bedding
- Vacuum (including under bed)



Hall and Stairs

- Dust and polish
- Vacuum / sweep floors and stairs



Bi Monthly / Monthly Tasks

- Clean out fridge / freezer and defrost if required
- Organise and clean cupboards
- Wipe down Paintwork and light switches
- Wash curtains
- Shampoo carpets
- Deep clean oven
- Clean windows inside and out
- Vacuum lampshades

