

# 2020 Zero Waste Challenge

TMG

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

## 5 Rs - Refuse, Reduce, Reuse, Recycle, Rot

Cleaning	Bathroom	Kitchen	Shopping (Food)	Laundry	On The Go	Travel	Shopping (Clothes)	Food Waste	Energy	Electronic Devices	Christmas
											

### CHALLENGE 1

Reduce no. of cleaning products <input type="checkbox"/>	Switch to Solid Soap & Shampoo Bars <input type="checkbox"/>	Stop using single use items e.g. Clingfilm <input type="checkbox"/>	Buy pacakage free <input type="checkbox"/>	Swap to Eco Friendly detergent <input type="checkbox"/>	Make a ZW reusable On The Go kit <input type="checkbox"/>	Plan to swap one flight to train <input type="checkbox"/>	Don't buy anything new for 3 months <input type="checkbox"/>	Make 1 meal per week with leftovers <input type="checkbox"/>	Turn down your room stat <input type="checkbox"/>	Recycle old electronic devises <input type="checkbox"/>	Buy at least 3 preloved gifts <input type="checkbox"/>
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### CHALLENGE 2

Swap your synthetic cleaning cloths etc <input type="checkbox"/>	Swap to an Eco Friendly loo roll <input type="checkbox"/>	Make your own Beeswax Wrap <input type="checkbox"/>	Buy local <input type="checkbox"/>	Hang washing outdoors <input type="checkbox"/>	Make your own snacks to take with you <input type="checkbox"/>	Use E Tickets <input type="checkbox"/>	Repair something you have <input type="checkbox"/>	Start composting <input type="checkbox"/>	Reduce your shower time <input type="checkbox"/>	Clean up your Email inbox <input type="checkbox"/>	Only use recyclable or reusable gift wrap <input type="checkbox"/>
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